As you begin, you will find the drawing in of the breath to be comparatively easy. Also the holding of the breath while you are mentally accepting the sublimation of the impure energies in the Flame within the heart is easy; but you will have to watch on the expansion of the purified substance on the out-breath - regulating it so that you will have the proper amount of purified substance give the world at large on the projected breath. Remember that you must follow the same rhythm on each of the four breaths - the in-breath; the held-breath; the out-breath and the projected breath. You will find that you will require a good deal of control to save enough energy for an outward drive of purified substance as a blessing to the world. The latter (projected breath) is part of the cosmic service.

Many people, in their instruction on the Law of the Breath, just give the first three steps. They take the indrawn breath, the held breath, the expansion or out-breath; but Saint Germain's Activity includes a blessing for the world in the projected breath.

Remember, beloved ones, that every God-Quality is held within the Flame in your heart. Let us take Faith; you may draw from your emotional body the quality of despair or lack of faith into the living Blue Fire in your heart; see it transmuted there into Michael's Faith; then charge it back into your emotional body and out into the world at large on the projected breath. Treat the contents of your mental, etheric and physical bodies the same way, and do not forget that every purified breath you project blesses all mankind. God bless you.

KUTHUMI

THOMAS PRINTZ' PRIVATE BULLETIN

No. 9 May 27, 1956

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Beloved Children of the One Father:

All during this current month (May 15 to June 14 inclusive) the radiation of the Liberty Flame is flooding the Earth from the Beloved Paul, the Venetian's Retreat in Southern France. It is My pleasure to offer you His report of the proceedings on the evening of the Transmission Flame Activities, as well as a short description of the beautiful Chateau itself.

While this focus of the Three-fold Flame of God, representative of the Holy Trinity for the planet Earth, is guarded by the Beloved Paul and His Confreres within the beautiful Chateau de Liberte, I would ask you to remember, dear ones, that each one of you is also a Guardian of the Flame, in that you carry a replica of that same Liberty Flame in your heart to which you may have recourse at any second, minute or hour of the day or night.

In the understanding and use of the Holy Breath, after you have expanded the Three-fold Flame in your heart by the magnetization of your "I AM" Presence, your Causal Body and your Holy Christ Self through your call, I would suggest that you treat any problem that presents itself, no matter what it is - whether lack of faith, supply, sickness, disappointment in others - no matter what form it takes; by drawing the disturbed energy from that body in which it happens to be functioning into the Flame in your heart.

See it transmuted there by Love while you hold the breath and then return it happily to its natural habitat on the outgoing breath, remembering not to qualify it after it has been redeemed by thoughts of doubt and fear. Let it 'rest in peace', beloved ones, and you do your part by turning your busy thoughts to some constructive endeavor.

Get the habit of doing this, beloved ones, and you will be both surprised and delighted at the change for the better in your world. It is time now that we put our knowledge and power into action.

Blessings and Love,

MAHA CHOHAN

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ADDRESS BY BELOVED PAUL, THE VENETIAN GIVEN ON THE NIGHT OF THE TRANSMISSION FLAME ACTIVITY - MAY 19, 1956:

Beloved Friends:

Tonight you are to be among the guests of honor at My Chateau in France, and as time is running on, I will ask you to ascend in consciousness and take your places in the beautiful Grail which is your forcefield. In it we will move rapidly across the wide Atlantic, settling softly on the green grass of Southern France where you can look for a moment at the beautiful Mediterranean; then we shall move onward toward the Chateau itself so that you may observe the architecture from the lower level before you ascend the steps to the great door.

As this Retreat represents the activity of the Holy Trinity, We always try to bring the action of the Three-in-One to the attention of Our visitors. You will notice that the steps leading to the front entrance are in groups of three - a grassy sward separating one group from another. The first landing contains within itself a beautiful fountain with a blue fire playing in and around it. On the second landing is a fountain with the gold fire activity, and the space at the top of the three remaining steps contains a fountain with the pink fire radiating from it - the Pink Fire being nearest to the entrance of the Chateau and the closest to the particular services in which We are engaged.

You have been here many times before. You are acquainted with the painting over the balcony between the divided stairway which is a product of My own humble endeavors. You are familiar with the beautiful Seraphic figures that decorate the hallway, and you can feel again the beat of the Liberty Flame underneath the mosaic pattern of the floor.

You have entered the chamber many times where the Liberty Flame is focused, or at least you have stood at the doorway if you have not entered. Let us stand at the entrance now and, looking towards the Altar, you will again recognize the activity of the Trinity as the Altar for this celebration is built in three tiers. The lower one is covered with the beautiful roses for which we are famous here in France and which grow profusely in the gardens behind the Chateau. The Altar on the second tier is graced with two beautiful candelabra - one on each side - the colors of the Rays represented in the candles

which they hold. The Altar on the third and highest tier contains the Grail from which the Liberty Flame expands.

This golden vessel is very beautiful in the usual chalice formation, inlaid with three large doves in shining mother-of-pearl. The three Altars are built of the same shining material with a large dove, symbolic of the Maha Chohan's activity, inlaid in gold at the base of each one.

In the atmosphere over the Liberty Flame tonight stands the Goddess of Liberty looking magnificent in Her all-white robes. She is drawing the Liberty Flame upward into the amphitheatre which extends over all the European continent this evening and is built in the form of a gigantic heart, the entire construction done in deep pink with the seats of a lighter shade, with four great Beings of Love standing at each of the cardinal points - the Archangels Chamuel and Charity, the Elohim Orion and Beloved Nada. Tonight as the ceremony proceeds, I shall serve at the right of the Altar, and the Beloved Maha Chohan at the left - the Beloved Goddess of Liberty in the atmosphere overhead.

Mankind has desired liberty for many ages, beloved ones, from the time the Immortal Threefold Flame of Life was projected by the Godhead and the first individualization of Himself realized that "I AM". From that time onward, the great Eternal First Cause gave into the use of that Flame of Life free will - liberty in the use of that Flame by which the individual so created might grow into limitless perfection. Many souls thus brought into being, wiser far than you and I, utilizing the Flame to create only

perfection and many never trod the ways of Earth. Nevertheless, no matter how dense the accumulation of effluvia around the human form, still within the heart-beat is that same God-given prerogative of free-will to use life and reap the harvest of that using; but very often, beloved ones, in the reaping of the harvest comes the learning of the Law of Life through bitter tears when it could just as well have been learned through joy.

We are grateful beyond words, dear ones, that one of your magnificent calls has been for the removal of the destructive free will of the people of Earth, and in response to that request, the Beloved Goddess of Liberty, the Beloved Lord Maha Chohan, and all the members of the Brotherhood representing the Pink Ray are concentrating Their energies into the Liberty Flame this evening in the petition to life that mankind may lose the desire and capacity to use its free will to create imperfection from the beautiful life substance that is part of the Body of God. Therefore, as the breathing exercises commence, remember that there are Ascended Masters breathing into that Liberty Flame with you a prayer that the universe will be richer because man chooses happily to surrender his Flame, his free will and his Presence to the God that created him in the first place.

Thank you, each one - everywhere, for your presence with Us this evening, because it is on the wings of your attention that you come, and after you have placed your valuable and lovely vehicles to rest, I wish that you would return on the wings of Light to the Chateau de Liberte that I may have the pleasure of taking you through

the gardens Myself; that I may play for you if you so choose, as they tell Me that I have some small talent on the piano, organ and violin. It would also give Me pleasure to show you some of the paintings that you have done yourselves, and some of the sculpture that you have carved in times past when you were more free -- in the Golden Ages that have folded their garments around them and are no more except for the beauty We have salvaged and preserved to this present day. I want you to breathe in the scent of the roses. I want you to feel My Love for you, each one. I believe in you. I have believed enough in you to desire to remain a part of your planet; and as the Beloved Kwan Yin said before Me: "I shall not enter the gates of the Cosmic Nirvana while there is one potential soul yet undeveloped." I shall look for your return in your light bodies, beloved ones. Until then, permit Me to say: "Au revoir."

PAUL

THOMAS PRINTZ' PRIVATE BULLETIN

No. 10 June 3, 1956

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Beloved Children of God:

I have pleasure in offering you herewith My Beloved Son, Paul's address of the art of being your 'brother's keeper'. He tells how, through love, this seemingly difficult feat may be accomplished. Even in the Earthly sphere, beloved ones, everything brings forth according to its kind. What would be more natural than that the Father of all life should be the first to establish that precedent? Love is the Nature of God. At the Fall of Man, the erstwhile Sons of God 'clothed themselves' in the dark and heavy garments of the human nature. When they have divested themselves completely of these fleshly trappings and reached for the White Robe of Love which the Children of the Kingdom wear, man will find himself once more back in 'his Father's House'. Cultivate Love, beloved ones, in your dealings one with another, and observe the uplift of soul which follows its use.

Blessings and Love,

MAHA CHOHAN

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ADDRESS BY THE BELOVED PAUL, THE VENETIAN

Beloved Ladies and Gentlemen:

, I love you deeply and sincerely. I love your